

Do you have any skin disorders or allergies (i.e. latex)? N Y – please explain: \_\_\_\_\_

Do you regularly drink caffeine beverages (coffee, tea, sodas, etc.) N Y – frequency \_\_\_\_\_

Do you smoke? N Y – how much? \_\_\_\_\_

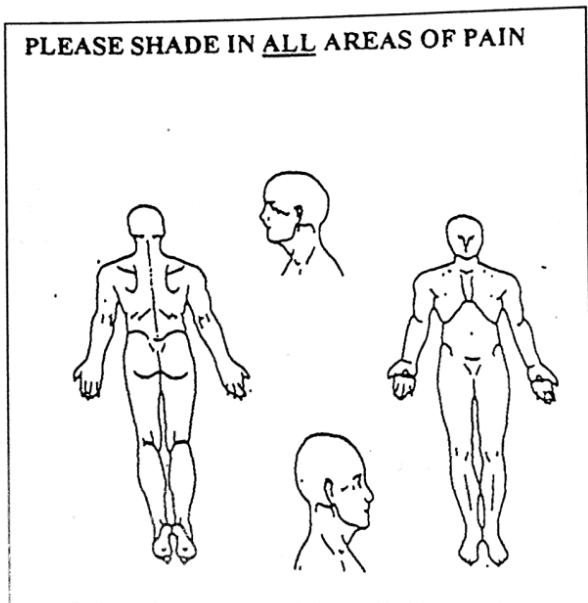
Are you pregnant? N Y – estimated due date? \_\_\_\_\_

Are you participating in a regular fitness program? N Y – please describe: \_\_\_\_\_

Do you have any other medical condition or physical limitation that I need to know before you receive this bodywork?  
N Y – please explain: \_\_\_\_\_

**Please circle any of the following that apply, present or past:**

- |                       |                       |
|-----------------------|-----------------------|
| AIDS (or HIV related) | Severe Irritability   |
| Abdominal hernia      | Severe Depression     |
| Hiatal Hernia         | Severe Menstrual Pain |
| Acid Reflux           | PMS                   |
| Stomach Disorders     | Fatigue               |
| Constipation          | Broken Bones          |
| Diarrhea              | Herniated Disc        |
| Arthritis             | Headaches             |
| Bursitis              | Sinusitis             |
| Diabetes              | TMJ                   |
| Cancer                | Neck Pain             |
| Shortness of Breath   | Back Pain             |
| Chest Pain            | Sciatic Pain          |
| Heart Conditions      | Knee Pain             |
| Low Blood Pressure    | Feet Cold             |
| High Blood Pressure   | Foot Numbness         |
| Varicose Veins        | Foot Pain             |
| Blood Clots           | Shoulder Pain         |
| Dizziness             | Arm / Elbow Pain      |
| Loss of balance       | Carpal Tunnel         |
| Fainting Spells       | Hand Numbness         |
| Ears Ring             | Hands Cold            |
| Edema                 | Scoliosis             |



I have listed ALL my known medical conditions, physical limitations, and medications. **I will inform my therapist of any changes in my physical health or medications.** I understand that a licensed massage therapist does not diagnose illness, disease, or any other medical, physical or psychological disorder, nor performs any spinal manipulations. I am responsible for consulting a qualified physician for any problems that I have.

I agree to pay for all services at the time they are rendered, unless prior arrangements have been made.

**CANCELLATIONS and MISSED APPOINTMENTS:** Unless you are ill or have an emergency, we require 24 hr. notice for any schedule changes, or you may be responsible for the full session fee. We cannot do bodywork sessions if you are sick. If there is a question, please call.

I understand the information contained herein is privileged and confidential. I authorize the release of any information pertaining to my health to my attorney, insurance company, or referring physician / therapist.

**INSURANCE COVERAGE:** Our prescription form completed by your physician must be on file prior to treatment. I will give you the forms to file to your insurance company after payment has been made.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If client is a minor, signature of parent/guardian: \_\_\_\_\_

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